



Directory of Community micro-providers in West Somerset

The Somerset Community micro-enterprise Project has been helping local people to set up small (micro) businesses that can provide local services for people who need some help and support. The project is a partnership between Somerset County Council and social enterprise Community Catalysts. The providers usually offer care and support in really flexible ways, at times that suit you and with an emphasis on putting you first. **It is important to be aware that just because a provider is in this directory, it does not mean that they have been accredited or approved in any way by Somerset County Council or Community Catalysts.** See the small print below for a bit more information about what this means. We recommend that before you use or buy service or support from any provider on this list you check them out first. You are purchasing services or support directly from them so you need to be sure they will do what you want in the way that you want it.

The questions you'll need to ask and find out will be personal to you and your circumstances. Here's a few things for you to consider:

- **If the provider is helping you with your personal care (such as bathing, dressing, using the toilet, taking medication) in the place where you live, they may need to be registered with the Care Quality Commission. There is an exemption from registration if the provider is an individual, contracted directly by you, working under your control and direction. Is this the case? Are you happy to do this? If unsure contact the CQC on 03000616161.**
- Is the provider going to be reliable and professional? Ask for references from other people they have supported? Have they the right training and qualifications?
- **Check how the provider ensures the safety of the people that they support? Has the provider and their workers had a criminal records (DBS) check? Have they suitable public liability insurance? Do they have policies (and use them!) on things like health and safety, confidentiality and safeguarding?**
- What are everyone's rights and responsibilities in the arrangement? Is there a contract that you'll both have to sign that will clearly set out who will do what, when, where and how? How much will you have to pay and how will this happen in practice?
- **Community micro-providers are often sole traders and as such are self-employed and not employed by you. Ask for documentation proving they are self-employed. Do they provide invoices with receipts? As a sole trader, providers can choose if and when they work for you and organise replacement cover, will this work for you? It is your responsibility to check employment status of a worker. You can check by using the [Employment Status Indicator Tool](#) or calling HMRC on 0300 123 2326.**

Somerset County Council and Community Catalysts cannot accept any responsibility or liability for the information provided by any provider on this list. We cannot guarantee quality or satisfaction of the services of any provider on this list and we will not arbitrate or participate in resolving any dispute that you may have with any provider on this list. If you know someone who would like to set up a small service or be included on the directory please contact Rhys Davies on 07595411945 or rhys.davies@communitycatalysts.co.uk. If you can't find what you are looking for please visit www.somersetchoices.org.uk. If you have any safeguarding concerns contact Adult Social Care on 0300 123 2224.

West Somerset Micro-providers offering home care, home help and community support services		
Service and Contact Details	Description of Service	Area
Ash Domiciliary Services Sharon Hancock Minehead Tel: 07483968503/ 07483968504 01643 702544 ashdomiciliarieservices@gmail.com	Sole Trader providing care and support in the West Somerset area. Specialising in palliative and end of life care.	West Somerset
Catherine Di Filippo Minehead 01643 704960 / 07920420647 difilippo.catherine@googlemail.com	Sole trader offering care and support in Minehead and the surrounding area	West Somerset
Bee Independent Caroline Webb Minehead 01643 709461 / 07920463969 contact@beeindependent.co.uk	Somerset introduction and employment agency matching local micro-providers to people who require care and support. http://www.beeindependent.co.uk/	Somerset
Acorn Independent Care & Support Richard Stevens Minehead richclaire67@gmail.com 07932846991	Sole trader providing personal care, dementia care, support at home and in the community. Available for gardening, DIY and domestic support.	West Somerset
Jane Hood Washford 07979901784 01984 640700	Sole trader offering care and support on flexible basis in West Somerset. Specialises in nutrition and meal preparation. Also available to provide personal care, overnight care and support.	West Somerset
Dog Walking and Support Lesley Culverhouse Minehead 07855248339 lesley1.parks@orange.net	Dog walking and sitting service. Also qualified carer able to care/ support older people to be independent at home.	West Somerset
Elena Miheshan Minehead Tel: 07463740018	Sole trader providing care, support and domestic assistance in Minehead. NVQ 3 H&SC and dementia trained. http://www.somersetchoices.org.uk/adults/cat/product/911	West Somerset

<p>Community Wellbeing Sharon Farmer Minehead/ Alcome Tel: 01643 818224 / 07974 845946</p>	<p>Sole trader offering domestic and community support at home or in the community. Qualified Massage Therapist, Aromatherapist and Reiki practitioner specialising in older people.</p>	<p>West Somerset</p>
<p>Independent Living PA Laura Meecham Minehead Tel: 07794424911 Email: meecham@hotmail.co.uk</p>	<p>Sole Trader offering independent living services, help or support at home. Covers Minehead and surrounding areas. http://www.somersetchoices.org.uk/marketplace/cat/vendor/184</p>	<p>West Somerset</p>
<p>Minehead Homecare Support Tel: 07597678852</p>	<p>Sole trader offering personal care, companionship, domestic help, sitting service, respite care, cooking, shopping and support to appointments.</p>	<p>West Somerset</p>
<p>Yet's Home Care Minehead 01643 702584 Email: yetjohnson@yahoo.co.uk</p>	<p>Sole Trader offering personal care and support along with domestic and community support in West Somerset.</p>	<p>West Somerset</p>
<p>Life enrichment services Abigail Todd Minehead 01643 862 325 abigailtodd@btinternet.com</p>	<p>Professional violinist who has also worked as a teacher, a chef and housekeeper. Offers live music in your home and a range of services to facilitate your enthusiasms. Conversation, scrabble, photography, writing, painting, making music, cooking. Also help with computers etc.</p>	<p>West Somerset</p>
<p>Reach Your Feet Veronica and Siobhan McHale Minehead Tel: 01643 822552/ 07816 503577</p>	<p>Qualified foot health practitioners. Soaking, nail trimming and filing, removal of callus and corns, foot massage. mother and daughter team.</p>	<p>West Somerset</p>
<p>Baptist Holiday Apartments, Minehead Mrs Angela Savoy 01643 703473</p>	<p>Small charitable trust that offers affordable apartments accommodation for respite, recovery or carers breaks.</p>	<p>West Somerset</p>
<p>ICare – Angelica Klingenberg Porlock / Minehead 01643 862 068 07813605651</p>	<p>Sole trader offering home care home help services in Minehead and Porlock.</p>	<p>West Somerset</p>
<p>Dibour 'Pat' Clark Dulverton Tel: 07805222786</p>	<p>Sole trader offering home care, home help services on Exmoor.</p>	<p>West Somerset</p>

<p>Floors and Chores Jenny Dutton Exford - FloorsnChores@yahoo.com 01643 831 869/ 07805540261</p>	<p>Home help and support service to facilitate independent living. Home from hospital service, transport and domestic support and gardening services.</p>	<p>West Somerset</p>
<p>Claire's Supported Living Claire Harris Exford claire.harris22@hotmail.co.uk Tel: 07539865062</p>	<p>Sole trader offering support in and around the home, personal care, Shopping and Delivery service, meal preparation, befriending, pet care.</p>	<p>West Somerset</p>
<p>Elaine Letchford Chapel Cleeve 07581070708 elaineletchford7@hotmail.co.uk</p>	<p>Sole trader providing personal home care, supporting discharge from hospital, end of life care(former HCA in NHS), special care needs, and reflexology (registered British Reflexology Association). Covering Porlock, Minehead, Williton and surrounding areas.</p>	<p>West Somerset</p>
<p>Your Time Your Choice Sandra Hendry Chapel Cleeve 07914 075006 01984 640153 syhendry@nrh.org.uk</p>	<p>Sole trader providing support at home and in the community, personal care by agreement. Experienced in dementia, learning disabilities and mental health care. Available for home support, trips out, de-cluttering, tenancy support, housing advice, companionship and general support https://www.facebook.com/groups/1570093479960720/.</p>	<p>West Somerset</p>
<p>Blissfully Home Care Services Jayne Bliss Watchet 07555498428 jaynebliss224@aol.com</p>	<p>Sole trader providing home care, home help and domestic support in Watchet and surrounding area.</p>	<p>West Somerset</p>
<p>Jill Kemp Support Services Jill Kemp Washford Tel: 01984 641 854 Email: jillkempsupport@hotmail.com</p>	<p>Sole trader offering personal care and support in West Somerset. Specialises in dementia, Learning Disabilities and reablement.</p>	<p>West Somerset</p>
<p>Westcountry Care Heather Palmer Carhampton Tel: 07951705878 hevs1@outlook.com</p>	<p>Sole trader providing care and support in West Somerset. Offering all types of personal care including End of Life Care, sitting services, sleep overs and waking nights.</p>	<p>West Somerset</p>

<p>Helping to Remember -John Baly Williton Tel: 01984 639139 Email: johnbaly@msn.com</p>	<p>Sole trader offering 1:1 support in the home or the community for people experiencing dementia or memory loss.</p>	<p>West Somerset</p>
<p>Trish Treadaway Williton Tel: 07916 168895 trishtreadaway@hotmail.co.uk</p>	<p>Home and community support and companionship. Complimentary therapy, mindfulness.</p>	<p>West Somerset</p>
<p>Roger Norman Williton 01984 631359 07867747228 Willitoncar7@aol.co.uk</p>	<p>General property and garden maintenance and re-decoration, shopping and general errands, window cleaning and other minor domestic DIY tasks i.e. putting together/moving furniture, changing light bulbs, shelving etc.</p>	<p>West Somerset</p>
<p>Girl Friday Somerset LTD Pearl Leyshon Watchet/ West Somerset 07866686771 Email: girlfridayltd@outlook.com</p>	<p>Home help, cleaning and domestic support matching service in West Somerset. Girl Friday work with 27 independent local micro-providers (cleaners, gardeners, home help, handyman services) to support older people to remain independent at home. www.girlfridaysomerset.co.uk</p>	<p>West Somerset</p>
<p>Holistic Therapeutic Massage Kim Neil Upton Tel: 07919242260 kim.neill100@btinternet.com www.naturalapproach.co.uk</p>	<p>Experienced nurse and qualified massage therapist offering holistic and therapeutic massage therapy, reminiscence and good conversation. 'Member of the Complimentary Health Professionals (CHP) and registered with the Complimentary Natural Healthcare Council. (CNHC)https://www.somersetchoices.org.uk/adults/cat/product/1308</p>	<p>West Somerset</p>
<p>Songbox – Music for Wellbeing Nigel Neil 01398 371291 07464439966 n.neill@btinternet.com</p>	<p>Large open access Community Choirs (Minehead & Taunton), Community Singing, Music Improvisation and Song Therapy. 1:1 and group sessions. Free taster session's available. https://www.facebook.com/musicimprovisation/ www.streetchoir.co.uk / www.tauntonstreetchoir.co.uk https://www.facebook.com/mineheadstreetchoir/</p>	<p>Taunton Deane/ West Somerset</p>